SNAP → HIP

If you have SNAP, you have Healthy Incentives Program (HIP).

How much you’ll get back, based on household size:

- **$40** for 1-2 people
- **$60** for 3-5 people
- **$80** for 6+ people

“It provides us with so much help. We like this program because for older people like me and families with small children, food stamps are not enough. It’s a long month. We need fresh fruits and vegetables.”

- SNAP/HIP Customer
How HIP Works:

1. Find a place to use HIP: farmers’ market, mobile market, farm stand, CSA.

2. Use your SNAP benefits as you normally would at any store that accepts SNAP.

3. Money is immediately returned to your card!

To learn more about HIP and other food resources in your community, please visit our website.

www.thefoodproject.org/snap-hip