

Assemble the Square

Impact: Builds teamwork and communication; breaks the ice in a new group

Risk: Low

Group Size: 20 or more

Time Required: 10 minutes

Directions:

- Divide participants into four teams.
- Each team lines up shoulder-to-shoulder on one of the sides of an imaginary square. Everyone faces the center.
- The facilitator goes into the center of the square as the spinner and stands, facing one of the teams.
- During this time, each team has to observe and remember several things: first, the order in which their team is lined up (i.e. which people are next to each other) and, second, where the team is lined up in relation to the spinner. A team can be facing the spinner; it can be to the spinner's left or right side; or it can be behind the spinner.
- Without warning the spinner spins around several times and stops (facing a different team) the spinner calls, "Assemble the Square!" The teams must quickly regroup around the spinner in their original positions: to the spinner's front, left, right, or back and in their original order within the team.
- As soon as a team is back in its original order and its original orientation to the spinner, all its members join raised hands and shout, "We're together!"

Discussion:

- What techniques did a team use to help them be the fastest?
- Was communication between team members important? If so, how did members communicate?
- How did teams work with team members who struggled?

Want More?

For more **team building activities**, please see our book Growing Together at thefoodproject.org/books.

Want to learn more about how we create youth leadership development models in the context of farming, our social justice curriculum, and our food access initiatives? Attend one of our Institutes! More info at thefoodproject.org/institute.

