

I Sit in the Grass with My Friend

Impact: Uses repetitive actions and phrases, movement, and low-level competition to help group members learn each other's names

Risk: Low

Group Size: 10 – 30 people

Time Required: 5 – 10 minutes

Directions:

- Arrange everyone in a circle, with all participants sitting on something that designates their place, such as a paper plate, blanket, or shoe. (Chairs can be used when inside.) Leave one of the sitting spaces (e.g., plate or chair) vacant.
- When the facilitator says, "go", the game begins with a race between the people on either side of the open space trying to move into that space.
- The winner who claims the spot then says loudly, "I sit."
- The person who had been sitting next to the winner now moves into the space vacated by the winner so that they are sitting next to the winner again. As they sit, they say loudly, "in the grass".
- The new vacant space is in turn filled by the person who had been sitting next to the second person who moved. This third person says, "with my friend...", and names
- someone else in the circle (for instance, Paul).
- Paul then gets up and moves to the open place, thereby leaving a new vacant place.
- This is the signal to start another short race between the two people sitting on either side
- of the open space. The winner starts again by saying, "I sit."

Hints:

- Have everyone in the circle say his or her name once before beginning.
- This game should move very quickly.
- Play until everyone's name has been called.

Used with permission from *Spirit of Play*.

Want More?

For more **name games**, please see our book *Growing Together* at thefoodproject.org/books.

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