

## Alphabet Game

**Impact:** Listening, communication, focus, and fun

**Risk:** Low

**Group Size:** 10 per group maximum

**Time Required:** 10 – 15 minutes

### Directions:

- Gather group members in a circle and decide who the head of the circle will be.
- The head of the circle then says one word that begins with the letter "A."
- The person to the head's right then states the word previously given and adds word starting with the letter "B."
- This routine of repeating the previous words then adding a new word that begins with the following alphabetical letter continues around the circle.

### Option:

- Try to get members to use words that revolve around the workshop theme or organization's work, e.g. vegetables, volunteer work, etc.
- Start with a statement such as, "I'm going to a town council meeting and along the way I will meet ..."
- Choose a category, such as movies or cars.

### Discussion:

How important is it to listen to those around you? How important is it to pay attention when someone else is speaking.

### Want More?

For more **communication activities**, please see our book Growing Together at [thefoodproject.org/books](http://thefoodproject.org/books).

Want to learn more about how we create youth leadership development models in the context of farming, our social justice curriculum, and our food access initiatives? Attend one of our Institutes! More info at [thefoodproject.org/institute](http://thefoodproject.org/institute).

