

A What?

Impact: Communication, icebreaker, fun

Risk: Low

Group Size: Unlimited; 12 - 15 is a good size

Time Required: 10 minutes

Directions:

- The objective of the activity is to pass a message forward and back in a circle.
- Ask the group to stand in a circle, facing the center.
- The facilitator begins the action by taking a ball (any object will do) and handing it to the person on their right, saying, "This is a banana."
- The person who now holds the ball is evidently already confused, because they inquire, "A what?!" The first player repeats, "A banana!"
- Person number two, their confusion temporarily cleared up, hands the ball to the person on their right and says, "This is a banana."
- Now person number three is confused. "A what???" they ask of number two.

@Spirit of Play, used with permission.

Want More?

For more **team building activities**, please see our book Growing Together at thefoodproject.org/books.

Want to learn more about how we create youth leadership development models in the context of farming, our social justice curriculum, and our food access initiatives? Attend one of our Institutes! More info at thefoodproject.org/institute.

