

Say It Out Loud

Impact: Public speaking practice. In addition this exercise asks participants to practice really listening and to discuss and disagree without getting to a personal or damaging level.

Risk: Low - medium

Group Size: 3 or more

Time Required: 10 minutes per question in small groups, 10 minutes to discuss questions for whole group

Directions:

- Divide the large group into smaller groups of three.
- The facilitator should choose one of the topics on the list and present it to the groups. Sample questions include:
 1. How would you make your community more fair for everyone?
 2. At what age should people be allowed to vote?
 3. Who is responsible for addressing climate change?
 4. How do you define “success?”
- One person states their views on this subject for three minutes.
- The second person listens, then has two minutes to summarize what was said

Want More?

For more **communications activities**, please see our book Growing Together at thefoodproject.org/books.

Want to learn more about how we create youth leadership development models in the context of farming, our social justice curriculum, and our food access initiatives? Attend one of our Institutes! More info at thefoodproject.org/institute.

