

## I Take . . .

**Impact:** Encourages participants to acknowledge the impact other group members have had on them; offers bonding and closure as the group reflects on its shared experience

**Risk:** Medium

**Group Size:** Any size

**Time Required:** 15 minutes

### Directions:

- Have program participants sit in a circle. Each person in the circle will tell each individual what s/he will take from that person and bring with him or her into the future, and then continue on around the circle until they finish. Then someone else in the circle starts.
- It can be things as simple as “I will take your laugh,” or comments such as “I will take your honest and open feedback about how I don’t work hard enough.”

### Hint:

As facilitator, come prepared with statements for each participant if nobody volunteers to start.

### Want More?

For more **closing activities**, please see our book *Growing Together* at [thefoodproject.org/books](http://thefoodproject.org/books).

Want to learn more about how we create youth leadership development models in the context of farming, our social justice curriculum, and our food access initiatives? Attend one of our Institutes! More info at [thefoodproject.org/institute](http://thefoodproject.org/institute).

