4-3-2-1 Goodbye

Impact: Closes an experience and brings the group together.
Risk: Low
Group Size: Any size
Time Required: 5 minutes

Directions:
- Teach the group the following beat/pattern: Clap 4 times, pause, clap 3 times, pause, clap twice, pause, and finally clap once. 1-2-3-4 1-2-3-1-2-1.
- Then stand in a circle; and all at once, perfectly together and in rhythm, clap together. It is a loud and powerful beat when done correctly.

Hint:
This is a good way to close a workshop or day. It visually and audibly demonstrates the power and cohesiveness of the group, punctuates the end, and flows nicely into applause for a great job done.

Option:
This activity can speak for itself, or you can process with the following questions:
- How did teamwork play a role in this activity?
- If people are not focused/committed, what happens?

Want More?
For more closing activities, please see our book Growing Together.

Want to learn more about how we create youth leadership development models in the context of farming, our social justice curriculum, and our food access initiatives? Attend one of our Institutes!