

TITLE: Tire Pass

IMPACT: Teambuilding, communication, problem solving, leadership

RISK: Medium

GROUP SIZE: 8 or more

TIME REQUIRED: 30-60 minutes

DIRECTIONS:

- Tie the tire 5-6 feet above the ground. It should be tied off in 3-4 directions so that it does not move too much.
- The object of the game is for everyone to pass through the center hole of the tire as quickly as possible without touching the sides of the tire.
- The group must decide on two people who will be designated as the spotters; they are responsible for helping the first and last persons through the tire.
- Then the group should decide on a strategy that will get everyone through the tire quickly and safely.
- If anyone touches the side of the tire the group must start again. The facilitator should be the judge of this.

DISCUSSION:

- What was your approach and strategy? Was it the most effective?
- Who played what roles?
- What did you learn about teamwork?
- How would you organize yourselves differently if you did this activity a second time?

HINTS: Often the male participants will try to be the ones who are the spotters. If this happens, try to get the participants to come up with different strategies.

