

# Become a member of The Food Project CSA!

**Enjoy** fresh, locally-grown vegetables and herbs straight from the farm.

**Provide** meaningful work opportunities for local youth.

**Support** our work distributing fresh, healthy food through local food pantries.

**Details** From The Food Project's CSA, you'll receive a bountiful amount of produce weekly, enough for a family with mixed diets or 2 vegetarians. From mid-June through late October, you can pick up your CSA share at our farm in Lynn.

**Questions?** Call 781-259-8621 x44 or email [lynn-csa@thefoodproject.org](mailto:lynn-csa@thefoodproject.org).

**What is CSA?** CSA stands for *Community Supported Agriculture*, an inspiring relationship between land, farmers and consumers. Members pledge their financial support before the start of the growing season so that the farm can cover the costs of growing. In return, members receive fresh, locally-grown vegetables, fruit and herbs all season. Farmers and members participate equally in the risks and abundance of the earth and weather.

**What is The Food Project?** Youth. Food. Community. Three extremely important issues that intersect in one place: The Food Project. From our urban farms to our national college campaign, we bring together youth and adults from diverse backgrounds who work together to build local and sustainable food systems.

**June** Garlic Scapes  
Lettuce  
Radishes  
Salad Mix  
Spinach  
Turnips

**July** Basil  
Beets  
Cabbage  
Carrots  
Cilantro  
Cucumbers  
Eggplant  
Lettuce  
Parsley  
Peppers, Sweet  
Radishes  
Salad Mix  
Scallions  
Squash, Summer

**August** Basil  
Beets  
Cabbage  
Carrots  
Cilantro  
Cucumbers  
Eggplant  
Lettuce  
Parsley  
Peppers, Hot  
Peppers, Sweet  
Potatoes  
Salad Mix  
Scallions  
Squash, Summer  
Swiss Chard  
Tomatoes, Cherry  
Tomatoes, Heirloom  
Tomatoes, Slicing

**September** Basil  
Beets  
Broccoli  
Cabbage  
Carrots  
Cilantro  
Cucumbers  
Eggplant  
Leeks  
Lettuce  
Onions  
Parsley  
Peppers, Hot  
Peppers, Sweet  
Potatoes  
Salad Mix  
Scallions  
Squash, Summer  
Squash, Winter  
Swiss Chard  
Tomatoes  
Turnips

**October** Beets  
Cabbage  
Carrots  
Collards  
Kale  
Leeks  
Lettuce  
Onions  
Potatoes  
Salad Mix  
Shallots  
Spinach  
Squash, Winter  
Turnips



\* Actual crop availability will vary

get your VEGETABLES  
straight from THE FARM



## CSA Application - Lynn

Name \_\_\_\_\_

Street \_\_\_\_\_

Town \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

E-mail \_\_\_\_\_

Number of adults included in share: \_\_\_\_\_

Number of children included in share: \_\_\_\_\_

### Pick-Up Location/Day:

Munroe Street Farm in Lynn  
Mondays  
3:30pm - 6:30pm

### Payment Schedule: (please check a box)

- One Payment** \$575  
*Paying up front greatly helps offset our costs before the season begins.*
- Four Payments:**  
\$50 Deposit due now  
\$150 due by March 30  
\$125 due by April 30  
\$125 due by May 30  
\$125 due by June 30

### Payment Type: (please check a box)

- Check enclosed (\$50 deposit or full amount) made out to *The Food Project CSA*
- Please charge my credit card:  Visa  Mastercard
- Card Number \_\_\_\_\_
- Exp. Date \_\_\_\_\_ 3-digit sec. code \_\_\_\_\_
- Name on Card \_\_\_\_\_

### Payment Amount: \$50 (deposit) \$575 (full)

*Please consider a tax-deductible donation to support Farm to Family, a subsidized CSA program for low-income families.*

**Tax Deductible Donation:** \$ \_\_\_\_\_

**Total Amount:** (enclosed or to charge) \$ \_\_\_\_\_

### Please send this application to:

The Food Project CSA  
10 Lewis Street  
Lincoln, MA 01773



## Get Fresh. Get Local.

Many people know that CSAs provide the freshest produce, straight from the farm. CSAs also nourish farmers and consumers while honoring the land. Virtually all CSAs do this.



## Why The Food Project?

We are more than another farm growing food right in the community.



We are helping youth from different backgrounds learn about each other and about growing food...

We work to make sure everyone has access to fresh, locally grown fruits and vegetables...

We care about transforming our relationship to food and improving the system that produces it.

## Join Today!



Complete this application or contact us at:  
781-259-8621 x20 csa@thefoodproject.org

# The Food Project



10 FARMS  
40 ACRES

50 FRUITS &  
VEGETABLES

OFFERING SHARES  
IN 8 COMMUNITIES

BOX SHARES • FARM SHARES • PICK YOUR OWN

available in:

Arlington • Beverly • Cambridge • Jamaica Plain • Lincoln • Lynn • Roxbury • Somerville

find out more at:

[thefoodproject.org/csa](http://thefoodproject.org/csa)

Get your VEGETABLES  
straight from  
THE Farm.



**LYNN FARM SHARE**  
THE FOOD PROJECT CSA



The Food Project