

TITLE: Flip the Duck

IMPACT: Challenges all group members to use cooperation, strategy, and creativity, energizer

RISK: Low

GROUP SIZE: 5-15

TIME REQUIRED: 10- 20 minutes

DIRECTIONS:

- Ask all participants to get in a circle.
- Hand them the sheet, and ask everyone to hold onto the edge with two hands and stretch it out flat in the air, not on the ground.
- Place the duck in the center of the sheet.
- The mission is to get the duck to the other side of the sheet without letting it fall on the ground.

DISCUSSION:

- How many different ideas did the group try before solving the challenge?
- Why were some less successful than others?
- Was everyone able to hold onto the sheet when the duck successfully switched to the other side? Did everyone participate on all the attempts?
- What type of solution worked the best – slow and careful or fast and risky? Use these to draw parallels to group dynamics, how to approach new situations, etc.

OPTION: Try this with a soft ball that rolls to make it more challenging.

