



Get Fresh. Get Local.

Many people know that CSAs provide the freshest produce, straight from the farm. CSAs also nourish farmers and consumers while honoring the land. Virtually all CSAs do this.



Why The Food Project?

We are more than another farm growing food right in the community.



We are helping youth from different backgrounds learn about each other and about growing food...

We work to make sure everyone has access to fresh, locally grown fruits and vegetables...

We care about transforming our relationship to food and improving the system that produces it.

Join Today!



Complete this application or contact us at:
781-259-8621 x20 csa@thefoodproject.org

The Food Project



10 FARMS
40 ACRES

50 FRUITS &
VEGETABLES

OFFERING SHARES
IN 8 COMMUNITIES

BOX SHARES • FARM SHARES • PICK YOUR OWN

available in:

Arlington • Beverly • Cambridge • Jamaica Plain • Lincoln • Lynn • Roxbury • Somerville

find out more at:

thefoodproject.org/csa

Get your VEGETABLES
straight from
THE FARM.



METRO BOSTON BOX SHARE
THE FOOD PROJECT CSA



The Food Project

Become a member of The Food Project CSA!

Enjoy fresh, locally-grown vegetables and herbs straight from the farm.

Provide meaningful work opportunities for local youth.

Support our work distributing fresh, healthy food through local food pantries.

Details From The Food Project's CSA, you'll receive a bountiful amount of produce weekly, enough for 2 vegetarians or a family with mixed diets. From early June through late October, you can pick up your CSA share in either Arlington, Cambridge (2 locations), Jamaica Plain (2 locations) or Somerville.

Questions? Call 781-259-8621 x21 or email csa@thefoodproject.org.

What is CSA? CSA stands for *Community Supported Agriculture*, an inspiring relationship between land, farmers and consumers. Members pledge their financial support before the start of the growing season so that the farm can cover the costs of growing. In return, members receive fresh, locally-grown vegetables, fruit and herbs all season. Farmers and members participate equally in the risks and abundance of the earth and weather.

What is The Food Project? Youth. Food. Community. Three extremely important issues that intersect in one place: The Food Project. From our urban farms to our national college campaign, we bring together youth and adults from diverse backgrounds who work together to build local and sustainable food systems.

HARVEST SCHEDULE*

June
Asian Greens
Garlic Scapes
Lettuce
Radishes
Salad Mix
Spinach
Turnips

July
Basil
Beets
Cabbage
Carrots
Cilantro
Cucumbers
Eggplant
Green Beans
Herbs, Perennial
Lettuce
Onions, Baby
Parsley
Peppers, Sweet
Potatoes
Radishes
Salad Mix
Scallions
Squash, Summer
Swiss Chard
Tomatoes, Slicing

August
Beets
Cabbage
Cantaloupe
Carrots
Collards
Cucumbers
Eggplant
Fennel
Green Beans
Herbs
Kale
Leeks
Lettuce
Peppers, Hot
Peppers, Sweet
Potatoes
Salad Mix
Scallions
Squash, Summer
Swiss Chard
Tomatoes, Heirloom
Tomatoes, Slicing
Watermelon

September
Beets
Broccoli
Cabbage
Cantaloupe
Celeriac
Carrots
Collards
Cucumbers
Eggplant
Garlic
Green Beans
Herbs
Kale
Leeks
Lettuce
Onions
Parsley
Peppers, Hot
Peppers, Sweet
Potatoes
Salad Mix
Scallions
Squash, Summer
Squash, Winter

Swiss Chard
Tomatoes
Turnips
Watermelon

October
Beets
Broccoli
Brussels Sprouts
Cabbage
Carrots
Celeriac
Collards
Garlic
Herbs
Kale
Leeks
Lettuce
Onions
Potatoes
Rutabaga
Salad Mix
Scallions
Spinach
Squash, Winter
Turnips



get your **VEGETABLES**
straight from **THE FARM**

* Actual crop availability will vary

CSA Application - Box Share

Name _____

Street _____

Town _____ Zip _____

Phone _____

E-mail _____

Number of adults included in share: _____

Number of children included in share: _____

Pick-Up Location/Day: (please check a box)

TUESDAY

- Lincoln Somerville Arlington
 Cambridge-Frances Pl. Cambridge-Magazine St.

THURSDAY

- Jamaica Plain-Cornwall St. Jamaica Plain-Hampstead Rd.
 Roxbury-Dudley Farmers' Market

Payment Schedule: (please check a box)

- One Payment** \$525*
Paying up front greatly helps offset the cost before the season begins.
- Four Payments:**
\$50* Deposit **due now**
\$125 due by March 30
\$125 due by April 30
\$125 due by May 30
\$100 due by June 30

Payment Type: (please check a box)

- Check enclosed (\$50 deposit or full amount, made out to The Food Project CSA)

- Please charge my credit card: Visa Mastercard

Card Number _____

Exp. Date _____ 3-digit sec. code _____

Name on Card _____

Payment Amount: \$50 (deposit) \$525 (full)

Please consider a tax-deductible donation to support Farm to Family, a subsidized CSA program for low-income families.

Tax Deductible Donation: \$ _____

Total Amount: (enclosed or to charge) \$ _____

Please send this application to:

The Food Project CSA
10 Lewis Street
Lincoln, MA 01773